



Beagle Bites & Bowls

Tamboekey Beagles

**A Complete Homemade Recipe
Collection for Your Beloved Beagle**

- **16 Treat Recipes** •
- 13 Complete Meal Recipes**
With Nutritional Values



All recipes are dog-safe, vet-friendly, and Beagle-approved

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Introduction & Safety Guide

Beagles are famously food-driven dogs — their extraordinary noses and hearty appetites make them naturals for homemade cooking. Whether you're whipping up training treats, rewarding good behavior, or preparing a wholesome daily meal, this expanded collection has everything you need. Every recipe in this book uses only dog-safe ingredients and avoids common toxins. Nutritional values are included for each recipe to help you track your Beagle's intake. Before introducing any new food, consult your veterinarian, especially if your Beagle has known allergies, obesity concerns, or health conditions.



⚠️ Strongly recommended actions before use

- Always consult your veterinarian or—ideally—a board-certified veterinary nutritionist (e.g., via services like Balancelt.com, JustFoodForDogs DIY tools, or direct consultation) before introducing homemade foods, especially for puppies, seniors, pregnant/nursing dogs, or those with medical conditions (allergies, kidney issues, pancreatitis, etc.).
- Use recipes as a starting point only. For long-term homemade feeding, have a professional formulate or review a customized plan with appropriate supplements (e.g., calcium, vitamins, taurine premixes) to ensure AAFCO/NRC compliance.
- Introduce new ingredients gradually to monitor for digestive upset or allergies.
- Avoid all toxic foods (e.g., chocolate, grapes/raisins, onions/garlic, xylitol, macadamia nuts) and practice safe food handling to prevent bacterial risks (e.g., Salmonella in raw or undercooked items).

The author and blog are not veterinarians or veterinary nutritionists. No liability is assumed for any adverse effects, health issues, or outcomes from following these recipes. Your Beagle's health is your responsibility—professional veterinary guidance is essential for safe, tailored nutrition.

By using this recipe book, you acknowledge these risks and commit to prioritizing your dog's well-being through vet consultation and monitoring (e.g., regular weigh-ins, Body Condition Scoring, and check-ups).

Now, enjoy creating wholesome, fun treats and meals—always with your vet's green light! 🐶

Section 1: Homemade Treat Recipes


About This Section

Treats are an essential part of every Beagle's life — and not just because these dogs love to eat. Treats serve as powerful training tools, bonding opportunities, and enrichment rewards. Because Beagles are notoriously prone to obesity, understanding the calorie content and nutritional profile of every treat you offer is critical to keeping your dog at a healthy weight.

This section contains 16 carefully tested treat recipes, ranging from crunchy baked biscuits to no-bake energy balls to frozen pops. They vary in calorie density, making it easy to choose the right treat for the right moment — a high-value liver crunch for advanced training, or an ultra-low-calorie veggie bite for a dog on a diet.

Treat Feeding Guidelines for Beagles

- Treats should account for no more than 10% of your Beagle's total daily caloric intake.
- An average adult Beagle (20–25 lbs) needs approximately 600–800 kcal per day. This means treats should total no more than 60–80 kcal daily.
- For training sessions, use the smallest possible piece — Beagles respond to flavor and scent, not portion size.
- High-calorie treats (like Coconut Oat Balls or Beef Liver Crunchies) should be reserved for high-value training moments or special rewards.
- Low-calorie options (like Veggie Green Bites or Frozen Pumpkin Pops) are ideal for frequent rewarding without guilt.
- Always provide fresh water alongside any treat, especially baked or dried varieties.
- Introduce new treats gradually and monitor for signs of digestive sensitivity such as loose stools, gas, or lethargy.

 **Tip:** *The nutritional values shown for each treat are estimates based on standard ingredient data. Exact values will vary depending on ingredient brands, sizes, and preparation methods. When in doubt, consult your veterinarian or a canine nutritionist.*



1. Peanut Butter Banana Biscuits

A crowd-pleasing classic that every Beagle will go crazy for — crunchy, nutty, and naturally sweet.

Serving size: 1 medium biscuit (~20g) — makes ~24

Ingredients:

- 1 cup whole wheat flour
- ½ cup rolled oats
- ½ cup natural peanut butter (xylitol-free)
- 1 ripe banana, mashed
- ¼ cup water (as needed)

Instructions:

1. Preheat oven to 350°F (175°C) and line a baking sheet with parchment.
2. Combine flour and oats in a large bowl.
3. Mix in peanut butter and mashed banana until a dough forms. Add water gradually if too dry.
4. Roll dough to ¼-inch thickness on a floured surface.
5. Cut into bone or paw shapes using cookie cutters.
6. Bake 20–25 minutes until golden and firm. Cool completely before serving.

 **Tip:** Always use xylitol-free peanut butter — xylitol is highly toxic to dogs.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	62 kcal	310 kcal	~3%
Protein	2.3g	11.5g	~5%
Fat	3.1g	15.5g	~4%
Carbohydrates	6.8g	34g	~3%
Fiber	0.9g	4.5g	~3%
Sodium	18mg	90mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

2. Sweet Potato Chews

Chewy, naturally sweet, and packed with vitamins — these make perfect long-lasting treats.


Serving size: 1 chew strip (~15g) — makes ~20

Ingredients:

- 2 large sweet potatoes, washed
- 1 tablespoon coconut oil (optional)

Instructions:

1. Preheat oven to 250°F (120°C).
2. Slice sweet potatoes lengthwise into ¼-inch strips.
3. Lightly brush with coconut oil if desired.
4. Arrange on a baking sheet and bake for 2.5–3 hours, flipping halfway.
5. Chews are done when dried but still slightly flexible. Cool completely.

 **Tip:** Store in an airtight container in the fridge for up to 2 weeks.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	35 kcal	233 kcal	~2%
Protein	0.6g	4g	~1%
Fat	0.4g	2.7g	<1%
Carbohydrates	8g	53g	~3%
Fiber	1.2g	8g	~4%
Sodium	22mg	147mg	<1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

3. Blueberry Yogurt Bites

Cool, creamy frozen treats perfect for hot days — gentle on the tummy and full of antioxidants.

Serving size: 1 cube (~25g) — makes ~16

Ingredients:

- 1 cup plain Greek yogurt (unsweetened)
- ½ cup fresh blueberries
- 1 tablespoon honey (optional)

Instructions:

1. Blend yogurt, blueberries, and honey together until smooth.
2. Pour mixture into silicone molds or an ice cube tray.
3. Freeze for at least 4 hours or overnight.
4. Pop out of molds and store in a zip bag in the freezer.

 **Tip:** Make sure yogurt contains no artificial sweeteners — plain, unsweetened only.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	18 kcal	72 kcal	~1%
Protein	1.5g	6g	~3%
Fat	0.2g	0.8g	<1%
Carbohydrates	2.8g	11.2g	~1%
Fiber	0.2g	0.8g	<1%
Sodium	12mg	48mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

4. Carrot & Oat Training Treats

Tiny, soft, and smelly — exactly what training calls for. Beagles love the scent and they're low calorie.


Serving size: 3 small treats (~10g) — makes ~60

Ingredients:

- 1 cup rolled oats
- ½ cup finely grated carrot
- 1 egg
- 2 tablespoons chicken broth (low-sodium)
- ¼ cup flour (for binding)

Instructions:

1. Preheat oven to 375°F (190°C).
2. Pulse oats in a food processor until coarse.
3. Mix all ingredients together into a sticky dough.
4. Drop tiny ½-teaspoon portions onto a lined baking sheet.
5. Bake 12–15 minutes until firm. Cool before use.
6. Store in the fridge for up to 1 week.

 **Tip:** Keep treats small for training — the size of a blueberry is ideal for Beagles.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	22 kcal	220 kcal	~1%
Protein	1.1g	11g	~2%
Fat	0.8g	8g	~1%
Carbohydrates	3g	30g	~1%
Fiber	0.5g	5g	~2%
Sodium	8mg	80mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

5. Chicken & Parsley Biscuits

Savory treats with a breath-freshening twist — parsley naturally helps with doggy breath.


Serving size: 1 biscuit (~18g) — makes ~28

Ingredients:

- 1½ cups whole wheat flour
- ½ cup cooked chicken, finely shredded
- ¼ cup fresh parsley, finely chopped
- 1 egg
- 3 tablespoons water

Instructions:

1. Preheat oven to 350°F (175°C).
2. Combine flour, chicken, and parsley in a bowl.
3. Beat egg with water and add to the dry mix, forming a firm dough.
4. Roll to ¼-inch thick and cut into desired shapes.
5. Bake 25–30 minutes until crisp and golden.
6. Allow to cool fully — they will harden as they cool.

 **Tip:** Use plain cooked chicken with no seasoning or garlic, which is toxic to dogs.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	52 kcal	289 kcal	~3%
Protein	3.8g	21g	~8%
Fat	1.1g	6g	~2%
Carbohydrates	7.2g	40g	~3%
Fiber	1g	5.5g	~4%
Sodium	25mg	139mg	~1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

6. Apple Cinnamon Dog Cookies

Lightly spiced with cinnamon and sweetened naturally with apple — a baked seasonal favorite.

Serving size: 1 cookie (~20g) — makes ~22

Ingredients:

- 1 cup whole wheat flour
- ½ cup unsweetened applesauce
- ¼ teaspoon cinnamon
- 1 egg
- 1 tablespoon coconut oil

Instructions:

1. Preheat oven to 350°F (175°C).
2. Mix all ingredients together into a smooth dough.
3. Chill dough in fridge for 20 minutes.
4. Roll out and cut into shapes.
5. Bake 18–22 minutes until set and lightly golden.
6. Cool completely before serving.

 **Tip:** Never add nutmeg — it is toxic to dogs. Cinnamon alone is perfectly safe in small amounts.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	55 kcal	275 kcal	~3%
Protein	1.8g	9g	~4%
Fat	2g	10g	~3%
Carbohydrates	8g	40g	~3%
Fiber	1.1g	5.5g	~4%
Sodium	15mg	75mg	<1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

7. Tuna & Cream Cheese Bites

High-value, high-smell treats — perfect for stubborn-nosed Beagles who need serious motivation.


Serving size: 1 bite (~15g) — makes ~30

Ingredients:

- 1 can (5 oz) tuna in water, drained
- 3 tablespoons low-fat cream cheese
- 1 cup whole wheat flour
- 1 egg

Instructions:

1. Preheat oven to 350°F (175°C).
2. Mix tuna and cream cheese together until combined.
3. Add flour and egg; mix to form a dough.
4. Roll into small balls or flatten with a fork.
5. Bake 15–18 minutes until firm. Cool completely.

 **Tip:** These are very aromatic! Great for recall training outdoors where distractions are high.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	42 kcal	280 kcal	~2%
Protein	3.5g	23g	~7%
Fat	1.2g	8g	~2%
Carbohydrates	4.5g	30g	~2%
Fiber	0.6g	4g	~2%
Sodium	55mg	367mg	~2%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

8. Pumpkin & Ginger Snaps

Great for digestive health — pumpkin is known to soothe upset tummies in dogs.


Serving size: 1 snap (~12g) — makes ~32

Ingredients:

- 1 cup whole wheat flour
- ½ cup 100% pure pumpkin purée (not pie filling)
- ¼ teaspoon ground ginger
- 1 egg
- 1 tablespoon molasses (unsulfured)

Instructions:

1. Preheat oven to 350°F (175°C).
2. Combine all ingredients into a firm dough.
3. Roll thin (about ⅛ inch) for crispy snaps.
4. Cut into small shapes and place on a lined baking sheet.
5. Bake 20–25 minutes until crisp. Let cool fully.

 **Tip:** Pumpkin is high in fiber — great for Beagles prone to irregular digestion.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	34 kcal	283 kcal	~2%
Protein	1.3g	10.8g	~3%
Fat	0.6g	5g	<1%
Carbohydrates	6.5g	54g	~3%
Fiber	1g	8.3g	~4%
Sodium	12mg	100mg	<1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

9. Beef Liver Crunchies

Arguably the ultimate high-value treat — baked liver is irresistible to Beagles.

Serving size: 3 small squares (~10g) — makes ~50

Ingredients:

- ½ lb fresh beef liver
- 1 cup flour
- 1 egg
- 1 tablespoon garlic-free beef broth

Instructions:

1. Preheat oven to 325°F (165°C).
2. Blend liver in a food processor until smooth.
3. Mix with flour, egg, and broth to form a thick batter.
4. Spread thinly (¼ inch) onto a parchment-lined baking sheet.
5. Bake 25 minutes, then score into small squares.
6. Return to oven for 10 more minutes. Break apart when cool.

 **Tip:** Liver is nutrient-dense — use these sparingly as high-value treats, not everyday snacks.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	32 kcal	320 kcal	~2%
Protein	4.2g	42g	~9%
Fat	0.9g	9g	~1%
Carbohydrates	2.5g	25g	~1%
Fiber	0.1g	1g	<1%
Sodium	20mg	200mg	<1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

10. Coconut & Oat No-Bake Balls

Super easy no-bake treats that come together in minutes — no oven required!


Serving size: 1 ball (~20g) — makes ~20

Ingredients:

- 1 cup rolled oats
- ¼ cup coconut oil (melted)
- 2 tablespoons natural peanut butter
- 2 tablespoons unsweetened shredded coconut
- 1 tablespoon honey

Instructions:

1. Mix all ingredients together in a bowl until combined.
2. Refrigerate mixture for 20 minutes until firm enough to handle.
3. Roll into small balls (about 1 inch diameter).
4. Place on parchment paper and refrigerate until set, about 1 hour.
5. Store in the fridge for up to 10 days.

 **Tip:** Coconut oil supports coat health — but use in moderation as it is calorie-dense.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	98 kcal	490 kcal	~5%
Protein	1.5g	7.5g	~3%
Fat	7g	35g	~10%
Carbohydrates	8g	40g	~3%
Fiber	1.1g	5.5g	~4%
Sodium	10mg	50mg	<1%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

11. Pumpkin Peanut Butter Bites

High fiber from pumpkin aids digestion and fullness; peanut butter adds flavor without excess fat when portioned correctly. Approximately 5–10 kcal per small treat.


Serving size: 1 small treat (~12g) — makes ~30

Ingredients:

- ⅓ cup plain pumpkin purée
- ½ cup natural peanut butter (xylitol-free)
- 1 large egg
- 1¼ cups almond flour or oat flour
- 1 teaspoon cinnamon (optional)

Instructions:

1. Preheat oven to 350°F (175°C). Line a baking sheet with parchment.
2. Mix all ingredients into a dough.
3. Roll into small balls or flatten into discs — use small cookie cutters for fun shapes.
4. Bake 15–20 minutes until firm. Cool completely.
5. Store in an airtight container (fridge up to 1 week; freeze for longer storage).

 **Tip:** Break into tiny pieces for training — Beagles go wild for peanut butter! Makes approximately 30 small treats.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	58 kcal	483 kcal	~3%
Protein	2.4g	20g	~5%
Fat	4.2g	35g	~6%
Carbohydrates	3.5g	29g	~1%
Fiber	1g	8.3g	~4%
Sodium	16mg	133mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

12. Carrot & Banana Low-Fat Biscuits

Mostly veggies and fruit for crunch with very low calories (~3–8 kcal per biscuit) — great for dental health and weight management.


Serving size: 1 small biscuit (~9g) — makes ~40

Ingredients:

- 1 medium ripe banana, mashed
- 2 large carrots, grated
- 1 cup rolled oats or whole wheat flour
- ½ cup oat flour or polenta (for extra crunch)
- Splash of unsweetened apple juice or water (to bind)

Instructions:

1. Preheat oven to 350°F (175°C).
2. Mix mashed banana, grated carrots, and dry ingredients. Add juice or water until a dough forms.
3. Roll thin and cut into small bone or circle shapes.
4. Bake 25–30 minutes until crisp. Cool fully before serving.

 **Tip:** Makes approximately 40 small biscuits — very low fat and ideal for weight-conscious Beagles.

 **Note:** Approximately 38 kcal per average biscuit when cut small; excellent low-fat option.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	29 kcal	322 kcal	~1%
Protein	0.8g	8.9g	~2%
Fat	0.4g	4.4g	<1%
Carbohydrates	6g	66g	~2%
Fiber	0.9g	10g	~3%
Sodium	6mg	67mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

13. Frozen Pumpkin Yogurt Pops

Hydrating, low-calorie frozen treats (~5–15 kcal per pop) — perfect for hot days or enrichment in Kongs.

Serving size: 1 pop (~35g) — makes ~12

Ingredients:

- 1 cup plain pumpkin purée
- ½ cup plain unsweetened Greek yogurt (or low-fat plain yogurt)
- Optional: a few blueberries or small carrot chunks for mix-ins

Instructions:

1. Blend ingredients until smooth.
2. Spoon into small ice cube trays or silicone molds (small sizes suit Beagles best).
3. Freeze for 4+ hours.
4. Pop out and serve frozen — watch your Beagle enjoy the lick-fest!

 **Tip:** Use as slow treats to combat begging. Makes approximately 10–12 small pops.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	18 kcal	51 kcal	~1%
Protein	1.4g	4g	~3%
Fat	0.2g	0.6g	<1%
Carbohydrates	3.2g	9.1g	~1%
Fiber	1.1g	3.1g	~4%
Sodium	10mg	29mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

14. Apple Cinnamon Oat Bites (No-Bake)

Apples provide natural sweetness and crunch; oats add satiety with minimal calories (~10 kcal per bite). A no-bake alternative to baked apple cookies.


Serving size: 1 bite (~18g) — makes ~20

Ingredients:

- 1 cup unsweetened applesauce
- 1 cup rolled oats
- ½ teaspoon cinnamon
- Optional: 1 tablespoon xylitol-free peanut butter for binding

Instructions:

1. Mix all ingredients in a bowl until sticky.
2. Roll into small balls.
3. Refrigerate 30 minutes to firm up.
4. Store in fridge for up to 1 week.

 **Tip:** Flatten and dehydrate for a crunchier texture variation. Makes approximately 20 bites.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	30 kcal	167 kcal	~2%
Protein	0.9g	5g	~2%
Fat	0.5g	2.8g	<1%
Carbohydrates	6g	33g	~2%
Fiber	0.8g	4.4g	~3%
Sodium	2mg	11mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

15. Veggie Green Bites

Ultra-low-calorie, high-fiber treats (~2–5 kcal per piece) using green beans or peas — ideal for weight-prone Beagles.

Serving size: 1 small treat (~10g) — makes ~30

Ingredients:

- 1 cup cooked and mashed green beans or peas (or plain baby food vegetable purée — no onion or garlic)
- 1 cup oat flour or whole wheat flour
- 1 egg (or water to bind)

Instructions:

1. Preheat oven to 350°F (175°C).
2. Mix all ingredients into a dough; roll thin and cut into small pieces.
3. Bake 20–25 minutes until firm.
4. Alternative: drop ½-teaspoon portions as soft treats without baking — refrigerate and use within 4 days.

 **Tip:** Makes approximately 30 small treats. Perfect for Beagles on a calorie-restricted diet who still need frequent rewarding.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	22 kcal	220 kcal	~1%
Protein	1.2g	12g	~2%
Fat	0.4g	4g	<1%
Carbohydrates	4g	40g	~2%
Fiber	0.9g	9g	~3%
Sodium	5mg	50mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

16. Banana Oat No-Bake Balls

Just three ingredients, naturally sweet and low-fat at approximately 10 kcal each — ready in under 30 minutes.


Serving size: 1 ball (~22g) — makes ~20

Ingredients:

- 1 large banana, mashed
- ½ cup natural peanut butter (xylitol-free)
- 1½ cups dry rolled oatmeal

Instructions:

1. Mix all three ingredients thoroughly in a bowl.
2. Roll into small balls (about 1 inch diameter).
3. Chill in the refrigerator for 30 minutes to firm up.
4. Store in fridge for up to 1 week.

 **Tip:** Makes approximately 20 balls. A quicker, lighter alternative to the Coconut & Oat Balls when you're short on time.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	75 kcal	341 kcal	~4%
Protein	2.3g	10.5g	~5%
Fat	3.8g	17.3g	~5%
Carbohydrates	8.5g	38.6g	~3%
Fiber	1.2g	5.5g	~4%
Sodium	30mg	136mg	<1%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

Section 2: Complete Meal Recipes


About This Section

Preparing homemade meals for your Beagle is one of the most loving things you can do — but it also comes with responsibility. Unlike commercial kibble, homemade meals are not automatically nutritionally balanced. This section provides 13 vet-inspired, whole-food meal recipes that prioritize lean proteins, digestible carbohydrates, and fiber-rich vegetables — all specifically suited to the Beagle's unique nutritional needs and obesity risk profile.

Beagles were bred as scent hounds and working dogs, meaning they have metabolisms built for activity. Modern pet Beagles, however, often live sedentary lives and are among the most obesity-prone breeds. Every meal recipe in this section has been designed with calorie control and satiety in mind — high protein to preserve lean muscle mass, high fiber to promote fullness, and moderate healthy fats to support skin, coat, and joint health.

Homemade Meal Guidelines for Beagles

- Transition slowly: when switching to homemade food, mix 25% new food with 75% old food for 2–3 days, then 50/50 for 2–3 days, then 75% new. This prevents digestive upset.
- Portion by weight and caloric need: a 20–25 lb Beagle typically needs 600–800 kcal/day. Adjust based on your dog's activity level, age, and weight goals.
- Supplement appropriately: homemade diets may be low in calcium, vitamin D, and certain trace minerals. Ask your vet about adding a canine multivitamin or calcium supplement.
- Batch cook and freeze: most recipes yield 6–10 cups. Portion into daily servings and freeze in zip-lock bags or silicone containers for up to 3 months.
- Never add salt, onion, garlic, or seasoning of any kind — what tastes bland to you is perfectly flavourful and safe for your dog.
- Schedule a vet check-up every 6 months if feeding primarily homemade to monitor weight, bloodwork, and overall condition.
- Supplements Reminder: For ongoing use, incorporate a vet-approved premix (e.g., calcium from eggshells or commercial blends) to cover micronutrients—don't skip this for long-term sole feeding.
- Beagle Focus: These prioritize fibre (veggies, pumpkin, lentils/oats) to promote satiety and portion control. Always reduce kibble when mixing to avoid overfeeding.
- Monitoring: Weigh your Beagle monthly; watch for stool changes or energy levels. Vet check-ups ensure balance

 **Vet Note:** *These recipes are inspired by vet-recommended whole-food principles but are not a substitute for professional veterinary dietary advice. If your Beagle has diabetes, kidney disease, pancreatitis, or food allergies, please consult a board-certified veterinary nutritionist before feeding any homemade diet.*



1. Classic Chicken & Rice Bowl

The gold-standard homemade dog meal — gentle, balanced, and beloved by Beagles everywhere.


Serving size: 1 cup (~230g) — makes ~4 cups

Ingredients:

- 2 chicken breasts (boneless, skinless)
- 1 cup white rice
- ½ cup carrots, diced
- ½ cup green beans, chopped
- 2 cups water or low-sodium chicken broth

Instructions:

1. Boil chicken breasts in water or broth for 20 minutes until fully cooked.
2. Remove chicken, let cool, then shred into small pieces.
3. Cook rice in the same broth for added flavor.
4. Steam or boil carrots and green beans until soft.
5. Combine all ingredients. Cool to room temperature before serving.
6. Portion based on your Beagle's weight (see tip below).

 **Tip:** A 20–25 lb Beagle generally needs about 1 to 1.5 cups per meal, twice daily. Consult your vet for precise amounts.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	210 kcal	91 kcal	~10%
Protein	24g	10.4g	~48%
Fat	2.5g	1.1g	~4%
Carbohydrates	23g	10g	~9%
Fiber	1.2g	0.5g	~4%
Sodium	80mg	35mg	~3%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

2. Turkey & Sweet Potato Stew

A hearty, warming stew loaded with lean protein and beta-carotene-rich sweet potato.


Serving size: 1 cup (~235g) — makes ~4 cups

Ingredients:

- 1 lb ground turkey
- 1 large sweet potato, peeled and cubed
- ½ cup peas (frozen or fresh)
- ½ cup spinach, chopped
- 1 tablespoon fish oil (omega-3 supplement)

Instructions:

1. Brown ground turkey in a large pot over medium heat, no oil needed.
2. Add cubed sweet potato and enough water to cover (about 2 cups).
3. Simmer 15 minutes until sweet potato is soft.
4. Stir in peas and spinach; cook 3 more minutes.
5. Remove from heat, add fish oil, and cool completely before serving.

 **Tip:** Fish oil is excellent for Beagles' skin and coat — use a dog-specific or plain fish oil.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	245 kcal	104 kcal	~12%
Protein	22g	9.4g	~44%
Fat	8g	3.4g	~11%
Carbohydrates	18g	7.7g	~7%
Fiber	3g	1.3g	~11%
Sodium	95mg	40mg	~4%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

3. Salmon & Quinoa Power Bowl

Rich in omega-3 fatty acids and complete protein — great for Beagles with food sensitivities.

Serving size: 1 cup (~220g) — makes ~3 cups

Ingredients:

- 1 cup cooked quinoa
- 6 oz canned salmon (in water, no added salt)
- ¼ cup diced zucchini
- ¼ cup diced cucumber
- 1 teaspoon coconut oil

Instructions:

1. Cook quinoa per package instructions in plain water.
2. Drain salmon and flake into pieces, checking for and removing any bones.
3. Lightly sauté zucchini in coconut oil for 3–4 minutes until soft.
4. Combine all ingredients together and mix well.
5. Let cool to room temperature before serving.

 **Tip:** Quinoa is a complete protein and easier to digest than brown rice for some dogs.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	280 kcal	127 kcal	~14%
Protein	26g	11.8g	~52%
Fat	8g	3.6g	~11%
Carbohydrates	22g	10g	~8%
Fiber	2.5g	1.1g	~9%
Sodium	70mg	32mg	~3%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

4. Beef & Vegetable Stew

A rich, protein-packed stew that satisfies even the most food-motivated Beagle.


Serving size: 1 cup (~240g) — makes ~5 cups

Ingredients:

- 1 lb lean ground beef
- ½ cup brown rice
- ½ cup carrots, diced
- ½ cup broccoli florets (small)
- ¼ cup kidney beans (cooked, plain)

Instructions:

1. Cook brown rice per package instructions in plain water.
2. Brown ground beef in a pot; drain excess fat thoroughly.
3. Add 2 cups water, carrots, and broccoli to the beef; simmer 15 minutes.
4. Stir in cooked rice and kidney beans.
5. Simmer 5 more minutes. Cool completely before serving.

 **Tip:** Beans add fiber and protein but can cause gas — introduce slowly if your Beagle has a sensitive stomach.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	290 kcal	121 kcal	~15%
Protein	24g	10g	~48%
Fat	9g	3.75g	~13%
Carbohydrates	25g	10.4g	~10%
Fiber	3.5g	1.5g	~13%
Sodium	85mg	35mg	~4%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

5. Duck & Barley Dinner

Excellent for Beagles with chicken allergies — duck is a novel protein that rarely causes reactions.

Serving size: 1 cup (~215g) — makes ~3 cups

Ingredients:

- 1 duck breast (boneless)
- ½ cup pearl barley
- ¼ cup blueberries
- ¼ cup kale, finely chopped
- 1 tablespoon olive oil

Instructions:

1. Cook barley in 1.5 cups of water for 35–40 minutes until soft.
2. Cook duck breast in a non-stick pan with olive oil until fully cooked (165°F internal).
3. Let duck cool, then dice into small pieces.
4. Combine duck, barley, blueberries, and kale.
5. Toss together and serve at room temperature.

 **Tip:** Duck fat is higher in calories — adjust portions if your Beagle is watching its weight.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	310 kcal	144 kcal	~16%
Protein	22g	10.2g	~44%
Fat	12g	5.6g	~17%
Carbohydrates	26g	12.1g	~10%
Fiber	4g	1.9g	~14%
Sodium	60mg	28mg	~3%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

6. Egg & Cottage Cheese Scramble

A fast, easy high-protein meal using pantry staples — perfect for busy mornings.


Serving size: $\frac{3}{4}$ cup (~180g) — makes ~2 servings

Ingredients:

- 3 large eggs
- $\frac{1}{2}$ cup low-fat cottage cheese
- $\frac{1}{4}$ cup finely diced bell pepper (red or yellow)
- $\frac{1}{4}$ cup cooked oatmeal
- 1 teaspoon olive oil

Instructions:

1. Lightly beat eggs in a bowl.
2. Cook diced bell pepper in olive oil over medium heat for 2 minutes.
3. Pour in eggs and scramble gently until just cooked through.
4. Remove from heat and stir in cottage cheese and oatmeal.
5. Cool before serving — eggs retain heat and can burn little noses!

 **Tip:** Eggs are a complete protein and excellent for Beagle coat health. Fully cooked only — never raw.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	220 kcal	122 kcal	~11%
Protein	19g	10.6g	~38%
Fat	12g	6.7g	~17%
Carbohydrates	10g	5.6g	~4%
Fiber	0.8g	0.4g	~3%
Sodium	290mg	161mg	~12%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

7. Slow Cooker Lamb & Lentil Stew

Set it and forget it — this slow-cooked meal develops deep flavor your Beagle will love.


Serving size: 1 cup (~240g) — makes ~4 cups

Ingredients:

- 1 lb lamb shoulder, cut into 1-inch pieces (bone-free)
- ½ cup red lentils
- ½ cup diced butternut squash
- ¼ cup diced parsnip
- 2 cups water or low-sodium vegetable broth

Instructions:

1. Trim excess fat from lamb and cut into small pieces.
2. Add all ingredients to a slow cooker.
3. Cook on LOW for 6–8 hours or HIGH for 3–4 hours.
4. Stir and shred the lamb with a fork.
5. Let cool fully. Lentils will thicken the stew as it sits.
6. Refrigerate and serve within 3 days.

 **Tip:** *Lamb and lentils make this especially good for Beagles with grain sensitivities.*

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	265 kcal	110 kcal	~13%
Protein	26g	10.8g	~52%
Fat	7g	2.9g	~10%
Carbohydrates	20g	8.3g	~8%
Fiber	5g	2.1g	~18%
Sodium	75mg	31mg	~3%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

8. Turkey & Veggie Rice Bowl

Lean turkey for protein, rice for easy digestion, veggies for fiber and fullness. A great starter meal or gentle option for upset stomachs. Approximately 300–400 kcal per cup.

Serving size: 1 cup (~240g) — makes ~7 cups

Ingredients:

- 2 lbs ground turkey (lean, 93% or higher)
- 2 cups brown rice (uncooked)
- 4 cups water or low-sodium bone broth
- 2 cups mixed veggies (carrots, green beans, zucchini — chopped)
- 1 cup plain pumpkin purée (for fiber)
- 1 tablespoon fish oil or olive oil (for omega-3s)

Instructions:

1. In a large pot, brown the turkey over medium heat; drain excess fat if needed.
2. Add rice, water or broth, veggies, and pumpkin. Bring to a boil, then simmer covered for 30–40 minutes until rice is tender.
3. Stir in oil. Cool completely.
4. Portion into daily servings; refrigerate 3–5 days or freeze.

 **Tip:** Mix 50/50 with kibble for balance. Makes approximately 6–8 cups — great for batch prep.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	295 kcal	123 kcal	~15%
Protein	26g	10.8g	~52%
Fat	7g	2.9g	~10%
Carbohydrates	28g	11.7g	~11%
Fiber	3.5g	1.5g	~13%
Sodium	90mg	37.5g	~4%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

9. Beef Liver & Sweet Potato Stew

Liver provides essential vitamins and minerals, sweet potato delivers complex carbs and fiber, and lean beef adds satisfying protein. High satiety helps curb begging.


Serving size: 1 cup (~240g) — makes ~9 cups

Ingredients:

- 3 lbs lean ground beef (or turkey)
- 8 oz beef liver, chopped
- 2 large sweet potatoes, diced
- 2 cups rolled oats or quinoa
- 4 cups water or bone broth
- 1 cup frozen peas or spinach
- 2 eggs, hard-boiled and chopped (shells crushed for calcium if no supplement)

Instructions:

1. Brown beef and liver together in a large pot; drain excess fat.
2. Add sweet potatoes, oats or quinoa, water or broth, and peas or spinach. Simmer 25–35 minutes until tender.
3. Stir in chopped eggs and crushed shells if using. Cool completely and portion.

 **Tip:** Rich in iron and vitamins — use as occasional variety rather than the sole daily meal. Makes approximately 8–10 cups.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	335 kcal	140 kcal	~17%
Protein	30g	12.5g	~60%
Fat	11g	4.6g	~15%
Carbohydrates	25g	10.4g	~10%
Fiber	3g	1.25g	~11%
Sodium	95mg	39.6g	~4%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

10. Chicken & Quinoa Veggie Medley

Chicken provides lean protein, quinoa delivers complete protein and fiber, and vegetables add low-calorie bulk — an excellent meal for weight management.


Serving size: 1 cup (~235g) — makes ~7 cups

Ingredients:

- 2 lbs boneless chicken thighs or breasts, diced
- 1½ cups quinoa (uncooked, rinsed)
- 4 cups water or broth
- 2 cups broccoli and cauliflower mix, chopped
- 1 cup carrots, grated
- 1 tablespoon coconut oil
- Optional: ½ cup blueberries (for antioxidants)

Instructions:

1. Cook chicken in a pot over medium heat until no pink remains.
2. Add quinoa, water, veggies, and oil. Simmer 20–25 minutes until quinoa is fluffy and veggies are tender.
3. Stir in blueberries last. Cool fully before serving.

 **Tip:** Gentle on digestion — excellent for senior Beagles. Makes approximately 6–8 cups.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	275 kcal	117 kcal	~14%
Protein	28g	11.9g	~56%
Fat	7g	3g	~10%
Carbohydrates	22g	9.4g	~8%
Fiber	3g	1.28g	~11%
Sodium	70mg	29.8g	~3%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

11. Ground Turkey & Pumpkin One-Pot Meal

Pumpkin aids digestion and fullness while turkey keeps it lean. Simple, gut-supportive, and ideal for batch prep.


Serving size: 1 cup (~240g) — makes ~6 cups

Ingredients:

- 2 lbs ground turkey
- 1 can (15 oz) plain pumpkin purée
- 1 cup brown rice or oats
- 2 cups chopped carrots and zucchini
- 3 cups water
- 1 teaspoon turmeric (anti-inflammatory, optional)

Instructions:

1. Brown turkey in a large pot; add all remaining ingredients.
2. Bring to a boil, then simmer covered 30–40 minutes until rice or oats are fully cooked.
3. Mash slightly for a softer texture if preferred. Cool completely and store.

 **Tip:** Add a can of sardines (in water, drained) for a natural omega-3 boost. Makes approximately 6 cups.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	260 kcal	108 kcal	~13%
Protein	24g	10g	~48%
Fat	6g	2.5g	~8%
Carbohydrates	24g	10g	~9%
Fiber	4g	1.67g	~14%
Sodium	85mg	35.4g	~4%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.

12. Lean Beef & Broccoli Oat Bowl

Lean beef provides protein, broccoli delivers low-calorie fiber and antioxidants, and oats supply sustained energy to help curb begging. Approximately 350–450 kcal per cup.

Serving size: 1 cup (~245g) — makes ~9 cups

Ingredients:

- 2–3 lbs lean ground beef (90–93% lean)
- 2 cups gluten-free rolled oats (or quinoa)
- 4 cups low-sodium bone broth or water
- 1–1½ lbs broccoli florets, chopped
- 1 lb carrots, diced
- 2 tablespoons coconut oil
- Optional: 4 oz blueberries (for antioxidants)

Instructions:

1. Brown beef in a large pot; drain excess fat.
2. Add oats, broth or water, broccoli, carrots, and oil. Bring to a boil, then simmer covered 25–35 minutes until oats are tender and veggies are soft.
3. Stir in blueberries if using. Cool completely.
4. Portion and store (fridge 3–5 days; freeze for longer).

 **Tip:** Great for variety — mix with kibble for dental crunch. Makes approximately 8–10 cups.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	340 kcal	139 kcal	~17%
Protein	27g	11g	~54%
Fat	13g	5.3g	~18%
Carbohydrates	26g	10.6g	~10%
Fiber	5g	2.04g	~18%
Sodium	75mg	30.6g	~3%

** % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.*

13. Turkey Lentil & Veggie Stew

Lentils offer plant-based protein and fiber for satiety with a low glycemic index; turkey keeps it lean. Inspired by vet-recommended legume-inclusive recipes for weight management.


Serving size: 1 cup (~240g) — makes ~8 cups

Ingredients:

- 2 lbs ground turkey (lean)
- 1 cup dry lentils (rinsed; red or green)
- 4 cups water or broth
- 2 cups mixed veggies (carrots, celery, peas — diced)
- 1 cup plain pumpkin purée (for extra fiber and digestion)
- 1 teaspoon turmeric (optional, anti-inflammatory)

Instructions:

1. Brown turkey in a large pot; add lentils, water or broth, veggies, pumpkin, and turmeric.
2. Bring to a boil, then simmer 30–40 minutes until lentils are soft.
3. Cool fully. Mash slightly if preferred for a smoother texture.

 **Tip:** Lentils help with prolonged fullness — ideal for food-obsessed Beagles. Makes approximately 8 cups.

Nutritional Values (estimated per serving):

Nutrient	Per Serving	Per 100g	Daily % (est.)
Calories	270 kcal	113 kcal	~14%
Protein	27g	11.25g	~54%
Fat	5g	2.08g	~7%
Carbohydrates	24g	10g	~9%
Fiber	6g	2.5g	~21%
Sodium	80mg	33.3g	~3%

* % values are estimated for a 20–25 lb adult Beagle's daily needs (~700 kcal/day). Consult your vet for your dog's specific requirements.



Happy Cooking & Happy Tails!

Remember: the best ingredient in any recipe you make for your Beagle is the love you put into it.

Always consult your veterinarian before making significant changes to your dog's diet.

Important Disclaimer

Homemade Treats and Meals for Your Beagle

This recipe book is provided for informational and inspirational purposes only, as a companion to the blog article "*Feeding Your Beagle: The Complete Guide to a Happy, Healthy Hound.*" The recipes are simple, vet-inspired ideas drawn from trusted sources and general canine nutrition guidelines, focusing on dog-safe ingredients that support healthy, low-calorie options suitable for Beagles (a breed prone to obesity and food obsession).

These recipes are NOT guaranteed to be nutritionally complete and balanced for long-term exclusive feeding. Studies and veterinary research (including analyses by the AVMA, Texas A&M Dog Aging Project, UC Davis, and others) consistently show that the vast majority of homemade dog food recipes—often 90–95%—lack essential nutrients, have imbalances (e.g., improper calcium-phosphorus ratios, deficiencies in vitamins/minerals like taurine, or excesses that can harm health), or fail to meet AAFCO (Association of American Feed Control Officials) standards for complete and balanced diets. Over time, feeding unbalanced homemade meals can lead to serious issues such as nutritional deficiencies, bone problems, kidney/liver disease, immune dysfunction, or other health complications—sometimes with delayed or irreversible effects.

- **Treats** in this book are intended as occasional rewards or supplements (no more than 10% of your Beagle's daily caloric intake) and should **not** replace a primary balanced diet.
- **Cooked meals** are suggested primarily as **toppers** (e.g., mixed 25–50% with high-quality commercial kibble) or short-term options, not as sole nutrition unless properly supplemented and verified.

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